

## WAIVER AND RELEASE

In consideration of being allowed to participate in the STEP UP for DOWN SYNDROME Walk to be held October 22, 2023, and all related events and activities (collectively, the "EVENT"), the undersigned hereby acknowledges and agrees that:

- 1. I acknowledge and fully understand that my participation in the EVENT may involve the risk of injury, including the possibility of serious injury or death, not only from my own actions, but also from the action or inaction of others, the condition of the premises, or the failure of the equipment used. I knowingly agree to assume all such risk, known and unknown, and assume full responsibility for my participation.
- 2. I agree to conduct myself during the EVENT with all due regard for my own safety and the safety of all participants, observers, and bystanders. I agree to comply with the directions of all EVENT organizers, and I agree to immediately notify EVENT organizers if I observe any unsafe condition or behavior during the EVENT.
- 3. For myself, and on behalf of all my heirs, assigns, executors, personal representatives and next of kin, I hereby waive and forever release the officers, directors, agents, volunteers, sponsors, donors and local organizers of both Down Syndrome Alabama and the EVENT organizers from and against any and all liabilities, claims, expenses or causes of action of any kind or nature whatsoever, arising out of or relating to my participation in the Event.

I have read this waiver and release agreement, fully understand its terms, and understand that I have given up substantial rights by signing it, and I sign it freely and voluntarily without any inducements.

Furthermore, I also recognize that Down Syndrome Alabama and the EVENT organizers have the right and responsibility to record the event through video and still photography of all participants. I hereby grant permission that such photography may be used for event publicity, public information, or any other promotional use that falls within Down Syndrome Alabama or Event host activity.

Participant's Signature (including minors)	Date	
Print Name		
Parent/Guardian Signature (if participant is under 18)		